

*EAST ALTON SKATING ACADEMY*

*2<sup>nd</sup> Annual*

# *Riverbend Spring Classic*



*April 28-29<sup>th</sup>, 2012*

*\*\*Events will be held Sunday if necessary\*\**

*East Alton Ice Arena*

*631 Lewis & Clark Blvd*

*East Alton, Illinois*

*Free Skating, Compulsory, Jumps, Spins, & Moves in the Field Events*

*Snowplow Sam - Senior Level*

***Entry Deadline: March 31<sup>st</sup>, 2012***

*Questions: Please contact Kathryn McKeon-Hicks (618)-806-3965 or [ea\\_skating@yahoo.com](mailto:ea_skating@yahoo.com)*

# 2<sup>nd</sup> Annual "Riverbend Spring Classic" Figure Skating Competition

## Sanctioned by: April 28-29, 2012

The 2<sup>nd</sup> Annual "Riverbend Spring Classic" is sponsored by the East Alton Skating Academy & the East Alton Ice Arena. The competitions will be held at the East Alton Ice Arena, 631 Lewis & Clark Blvd, East Alton, IL 62024 on April 28-29, 2012. The single sheet arena is 85 X 200 (standard NHL). The Basic Skills Competition is approved by US Figure Skating and conducted in accordance with the US Figure Skating rulebook.

The Riverbend Spring Classic will be conducted according to the current Official US Figure Skating Rulebook (2012) and is open to all eligible members of US Figure Skating according to Section 3055-3056 AND Basic Skills Skaters (ER 1.00). Eligibility will be based on skill level as of closing date of entries (March 31<sup>st</sup>, 2012).

- All Snowplow Sam and Basic Skills skaters through Basic 8 MUST skate at highest level passed. At these levels, skaters may NOT have passed any official US Figure Skating tests, including Moves-in-the-Field and Individual Dances.
- For Test Track and Well-Balanced events, eligibility will be based only upon highest free skate test level passed (moves-in-the-field test level does not determine skater's competitive level). Skaters may skate at the highest free skate level passed OR one level higher, BUT not both levels in the same event during the competition.

The 6.0 scoring system will be used to Pre-Juvenile and below in all events. The IJS Judging System will be used for Juvenile through Senior events. You should expect additional time needed by the accounting room to process and post results. **All IJS skaters MUST submit the USFS online Planned Program Content Form by April 16<sup>th</sup>, 2012.** This form can be found at [www.usfigureskating.org](http://www.usfigureskating.org) in the Member's Only section. For all Free Skate programs using the 6.0 system (all Free Skate Levels in this competition), vocal music with lyrics is permitted.

### Entries & Fees:

All entries must be postmarked NO LATER THAN March 31<sup>st</sup>, 2012. The cost of IJS Championship events (Intermediate - Senior) is \$100. IJS Juvenile and IJS judges single event is \$90; each additional IJS event is \$55. The cost of the first event (non IJS) is \$55; each additional event is \$15. No refunds will be given without a doctor's note, or death in the immediate family. In a situation where an event is cancelled, the skater will have a choice to skate an exhibition or receive a refund. **Entry forms MUST filled out completely.** Please mail registration forms to:

East Alton Skating Academy  
Attn: Kathryn McKeon-Hicks  
631 Lewis & Clark Blvd  
East Alton, IL 62024

Participants will not be allowed to compete until fees are paid. Late entries will be accepted at the discretion of the competition chair and charged a late fee of \$30, unless there is a lack in participation. **There will be a \$25 service fee for any changes made after April 6<sup>th</sup>, 2012!**

### Groups:

A large number of entries in some events will be divided into groups as follows: Basic Skills through Juvenile/Open Juvenile will be grouped according to birth date. Intermediate through Senior events and Championship events will be grouped by random draw.

### Schedule of Events:

Schedules will be e-mailed to each skater approximately one week prior to the competition. The schedule will also be available on the East Alton Ice Arena website ([www.eastaltonicearena.org](http://www.eastaltonicearena.org)). If you wish to receive a paper copy of the schedule, please include a self-addressed and stamped envelope in your registration.

### Practice Ice:

If practice ice is available, it will be on a first come, first serve basis the week prior to the event. Practice times will be available when the competition schedule comes out.

### **Registration Desk:**

The Registration Desk in the lobby of the East Alton Ice Arena will be open throughout the competition weekend beginning 1 hour prior to the start of the competition. Each skater must check in upon arrival, at least 1 hour before each event. Any extra/important information will be posted at the registration desk.

### **Music:**

Music will be played from CD ONLY. The CD must contain only the selection for the event. Music must be turned in at the time of registration. Cds should be clearly labeled with the skater's name, event, and group. Entrant are responsible for timing of the music. Skaters must have a back-up music at rink side during their event. CD's should be picked up following your event. The East Alton Skating Academy cannot accept responsibility for unclaimed music. Music will not be returned after the competition.

### **Coach Credentials:**

Only coaches registered with US Figure Skating and in compliance with the new rules will be issued credentials. Coaches must register at the registration desk to receive their credentials. Please be prepared to show proof of certification. All participating coaches MUST show credentials in order to put skaters on the ice.

### **Video/Photography:**

Video will be available through TBA.

Photography will be available through Pam Moss. Further information will be passed along at a later date.

### **Questions/Concerns:**

Please contact Kathryn McKeon-Hicks at 618-806-3965 or ea\_skating@yahoo.com.

### **Directions:**

East Alton Ice Arena, in located at 631 Lewis & Clark Blvd, East Alton, IL 62024. From I-270 take IL RT3 North, 9 miles. Turn Left into the parking lot of Eastgate Plaza Shopping Center. The rink is to the right of the shopping center, behind the AMC movie theater.

### **Hotel:**

Our host hotel will be the Holiday Inn, Alton, IL (618)462-1220. The hotel is located 3800 Homer M Adams Parkway. This hotel is about 3 miles from the ice arena.

### **Illinois Grand Prix Series 2012:**



During the 2011-2012 competition season, the Skating Council of Illinois is again offering skaters the opportunity to earn an invitation to the Illinois Grand Prix of Figure Skating by competing in Free Skate events at our competitions. The top 12 skaters in each category will be invited to compete, at no cost, at the Illinois Grand Prix of Figure Skating, which will be held at the Northbrook Sports Center on September 23, 2012. Skaters must compete in a minimum of 4 of the competitions listed below. Special recognition will be given to skaters who compete in all 8 events. Grand Prix information and standings will be posted on the Skating Council of Illinois website at

<http://www.skatingcouncilofillinois.org/>

### **Competitions:**

March 22-25, 2012 – W.I.M – Greater Milwaukee FSC  
April 19-22, 2012 – Ladybug – Glenwood FSC  
April 28-29, 2012 – Riverbend Spring Classic – East Alton SA  
May 11-13, 2012 – Northern Blast – Northern Ice SC  
June 8-10, 2012 – Quad Cities Championships – FSC of the Quad-Cities  
June 14-16, 2012 – Southport Summer Classic – Southport SC  
July 26-29, 2012 – Chicago Open – Chicago FSC  
September 6-9, 2012 – Greater Chicagoland Fall Invitational – Wagon Wheel FSC

### **Awards:**

The Free Skate events of each competition will be eligible for accumulating points. The system for scoring points for the final award will be as follows:

Placement	Points	Placement	Points
1 <sup>st</sup> place	10 points	2 <sup>nd</sup> place	7 points
3 <sup>rd</sup> place	4 points	4 <sup>th</sup> place	3 points
5 <sup>th</sup> place	2 points	Participation	1 point
Bonus for Final Round			1 point

Competitors who perform their free skate program more than once at a competition (i.e., qualifying and final rounds) will receive the highest points earned for any one performance. If an event has less than 6 skaters, the points will be awarded as if there were 6 skaters in the group. If there is only one skater in the group, they will be awarded 5 points. At the end of the Series, the top 12 competitors in each category, who have competed in at least 4 competitions, will be invited to the Illinois Grand Prix of Figure Skating. Ties will not be broken.

The Following "Well-Balanced" Free Skate events will be offered at all of the above competitions:

No Test	Pre-Preliminary 1	Pre-Preliminary 2
Preliminary	Pre-Juvenile	Open Juvenile
Adult Bronze	Adult Silver	Adult Gold

The Following "Test Track" Free Skate events will be offered at all of the above competitions:

Juvenile Test Track	Intermediate Test Track	Novice Test Track
Junior Test Track	Senior Test Track	

The Following "IJS" Free Skate events will be offered at all of the above competitions:

Juvenile	Intermediate	Novice
Junior	Senior	

Please Note: Individual Competitions may have additional Free Skate categories; however those categories will not be eligible for the Illinois Grand Prix of Figure Skating.

## 4<sup>th</sup> Annual U.S. Figure Skating Illinois Basic Skills Series

During the season, skaters will have the chance to compete at different competitions and earn points for a final standing. Skaters must compete in at least four competitions. An awards ceremony will take place where the top 10 skaters will receive a medal and flowers. The final award announcement will be e-mailed to all qualifying skaters on December 5, 2012 for the location, date, and time of ceremony.

### Series Point System

The Free Skate/Program with Music events and the Compulsory/Elements events of each of the Series Competitions will be eligible for accumulating points. Each event will have a maximum of 6 skaters. The system for scoring points for the final award will be as follows:

Place	Points
1	6
2	5
3	4
4	3
5	2
6	1

*If an event that has 2-6 skaters, the points will be awarded as if there were 6 skaters in the group. If there is only one skater in the group, they will be awarded 3 points. At the end of the Series, in the case of total points tied, all skaters tied for a place will be awarded a medal. No ties will be broken. Points are accumulated for Compulsory and Free Skate events separately.*

A skater **MUST** enter **BOTH** the Compulsory and Free Skate event in each of four competitions to be eligible for accumulating points.

The following events will be offered:

- Snowplow Sam - up to Freeskate 1
- Test Track: Limited Beginner- up to Preliminary
- Well-Balanced: No Test- up to Preliminary

*Skaters moving to the next level during the Series will take their points with them. If a skater moves up a level for more than two competitions, they will receive an additional 3 points.*

Candy Cane Classic  
**January 8, 2012**  
 Hoffman Estates Park District  
 Jennifer Dooley  
[jdooley@heparks.org](mailto:jdooley@heparks.org)

Winter Blizzard  
**January 15, 2012**  
 Skokie Skatium  
 Kerry Murphy  
[KMMurphy@skokieparks.org](mailto:KMMurphy@skokieparks.org)

Cupid Competition  
**February 11, 2012**  
 All Seasons Ice Rinks  
 Dona Bengson  
[Luv2prosk8@sbcglobal.net](mailto:Luv2prosk8@sbcglobal.net)

The Freeze  
**February 25-26, 2012**  
 Glenview Ice Center  
 Dorie Cascio  
[dorie.cascio@glenviewparks.org](mailto:dorie.cascio@glenviewparks.org)

North Shore Classic  
**March 3-4, 2012**  
 Centennial Ice Arena  
 Anita Squillo  
[Skatingcoordinators@pdhp.org](mailto:Skatingcoordinators@pdhp.org)

Upper Great Lakes Basic Skills Championships  
**March 10, 2012**  
 Hoffman Estates/Chicago FSC  
 Kerry Murphy  
[KMMurphy@skokieparks.org](mailto:KMMurphy@skokieparks.org)

7th Annual Shamrock Open  
**March 11, 2012**  
 Rockford Skating Club  
 Sherry Frew  
[rkfdskatingclub@gmail.com](mailto:rkfdskatingclub@gmail.com)

3rd Annual Kankakee Valley Open  
**April 1, 2012**  
 Ice Valley Centre  
Formerly known as Oak Orthopedic Sports Arena  
 Angela Pace  
[apace@kvpd.com](mailto:apace@kvpd.com)

12th Annual Wagon Wheel Basic Skills  
**April 15, 2012**  
 Crystal Ice House  
 Lanny Nelson  
[Lannyww@sbcglobal.net](mailto:Lannyww@sbcglobal.net)

Riverbend Spring Classic  
**April 28-29, 2012**  
 East Alton FSC  
 Kathryn McKeon-Hicks  
[ea\\_skating@yahoo.com](mailto:ea_skating@yahoo.com)

Quad Cities Championships  
**June 8-10, 2012**  
 The River's Edge  
 Sue Schwaegler  
[SDSCHWAEAG@aol.com](mailto:SDSCHWAEAG@aol.com)

2012 Southport Summer Classic (formerly Southport Winter Invitational)  
**June 14-16, 2012**  
 Southport SC - Location: TBA  
 Elaine Johnson  
[elainejohnson67@sbcglobal.net](mailto:elainejohnson67@sbcglobal.net)

2012 Rockford Open Basic Skills & Beyond  
**June 30, 2012**  
 Rockford Skating Club  
 Sherry Frew  
[rkfdskatingclub@gmail.com](mailto:rkfdskatingclub@gmail.com)

2012 Springfield Skating Invitational  
**September 15, 2012**  
 The Nelson Center  
 Debra Marines  
[dmarines@hotmail.com](mailto:dmarines@hotmail.com)

9th Annual Cranberry Classic  
**November 4, 2012**  
 Rockford Skating Club  
 Sherry Frew  
[rkfdskatingclub@gmail.com](mailto:rkfdskatingclub@gmail.com)

8<sup>th</sup> Annual Autumn Blast  
**November 11, 2012**  
 All Season's Ice Rinks  
 Pegg Hislop  
[pegg@northernice.org](mailto:pegg@northernice.org)

Snowflake Classic  
**November 24, 2012**  
 Glenwood FSC  
 May Wiza  
[mayfsc@aol.com](mailto:mayfsc@aol.com)

If you have any questions, please contact the Illinois Basic Skills Series Director:  
 Brigitte Carlson Roquet  
[Brig811@aol.com](mailto:Brig811@aol.com)

## Basic Skills Solo Program Event

The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified. Vocal music is allowed. To be skated on full ice. Tim limit is 1:00 +/- 10 seconds. The skater may use elements from a previous level. A 0.2 deduction will be taken for EACH element performed from a higher level.

<p><b><u>Snowplow Sam:</u></b></p> <ol style="list-style-type: none"> <li>1. March followed by a two foot glide and dip</li> <li>2. Forward two foot swizzles 2-3-in a row</li> <li>3. Backward wiggles 2-6 in a row</li> <li>4. Forward snowplow stop</li> </ol>	<p><b><u>Basic 5:</u></b></p> <ol style="list-style-type: none"> <li>1. Backward crossovers 4-6 consecutive in both directions</li> <li>2. Basic one-foot spin - free leg held to side of spinning leg - minimum three revolutions</li> <li>3. Side toe hop -either direction</li> <li>4. Hockey stop</li> </ol>
<p><b><u>Basic 1:</u></b></p> <ol style="list-style-type: none"> <li>1. Forward two foot glide and dip</li> <li>2. Forward two foot swizzles 6 -8 in a row</li> <li>3. Backward wiggles 6-8 in a row</li> <li>4. Forward snowplow stop</li> </ol>	<p><b><u>Basic 6:</u></b></p> <ol style="list-style-type: none"> <li>1. Standstill forward inside three-turn - R &amp; L</li> <li>2. Bunny Hop</li> <li>3. Forward arabesque spiral on a straight line R or L</li> <li>4. Lunge - R or L</li> <li>5. T-stop - R or L</li> </ol>
<p><b><u>Basic 2:</u></b></p> <ol style="list-style-type: none"> <li>1. Forward one foot glide - either foot</li> <li>2. Two foot turn in place- forward to backward</li> <li>3. Backward two foot swizzles 6 - 8 in a row</li> <li>4. Forward alternating ½ swizzle pumps, in a straight line - 2-3 each foot</li> <li>5. Moving snowplow stop</li> </ol>	<p><b><u>Basic 7:</u></b></p> <ol style="list-style-type: none"> <li>1. Standstill forward inside open Mohawk - R to L and L to R</li> <li>2. Ballet Jump- either direction</li> <li>3. Back crossovers to a back outside edge landing position clockwise and counter clockwise</li> <li>4. Forward inside pivot</li> </ol>
<p><b><u>Basic 3:</u></b></p> <ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive</li> <li>3. Backward one foot glide - either foot</li> <li>4. Forward slalom</li> <li>5. Two foot spin - minimum three revolutions</li> </ol>	<p><b><u>Basic 8:</u></b></p> <ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside three-turns R &amp; L</li> <li>2. Waltz jump</li> <li>3. Mazurka in either direction</li> <li>4. 1 Combination move - clockwise or counter clockwise - two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge</li> <li>5. Beginning one-foot upright spin - free foot held to side of spinning leg or crossed position -minimum three revolutions</li> </ol>
<p><b><u>Basic 4:</u></b></p> <ol style="list-style-type: none"> <li>1. Forward crossovers 4-6 consecutive both directions</li> <li>2. Standstill forward outside three- turn - R &amp; L</li> <li>3. Backward stroking - 4-6 strokes</li> <li>4. Backward snowplow stop - R or L</li> </ol>	<p><b><u>Free Skate 1:</u></b></p> <ol style="list-style-type: none"> <li>1. Advanced forward stroking 4-6 strokes</li> <li>2. One-foot upright scratch spin from back crossovers- minimum three revolutions</li> <li>3. Waltz jump from back crossovers</li> <li>4. Half flip jump</li> </ol>

## Test Track Free Skate Events

Skaters may enter EITHER the new test track free skate program or the well-balanced track free skate program but NOT both during the same non-qualifying competition. Competitors will skate to music of their choice, vocal music permitted. The 6.0 judging system will be used for all Test Track events.

Deductions WILL be made for skaters including technical elements not permitted in the event description.

- 0.1 from EACH mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra element
- 0.1 for any spin with less than required revolutions

LEVEL	JUMP ELEMENTS	SPINS	STEPS	QUALIFICATIONS
<b>Limited Beginner Test</b>  Time: 1:30 +/- 10	<i>Max 5 jump elements:</i> <ul style="list-style-type: none"> <li>- Jumps with not more than one-half rotation (front to back or back to front)</li> <li>- Max 2 jump sequences</li> <li>- Max 2 of any same jump</li> </ul>	<i>Max 2 spins:</i> <ul style="list-style-type: none"> <li>- Two upright spins, no change of foot, no flying entry (Min 3 revs)</li> </ul>	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
<b>Beginner Test</b>  Time: 1:30 +/- 10	<i>Max 5 jump elements:</i> <ul style="list-style-type: none"> <li>- Jumps with not more than one-half rotation (front to back or back to front including half-loop)</li> <li>- Single rotation jumps: Salchow and toe loop only</li> <li>- Max 2 jump combinations or sequences</li> <li>- Max 2 of any same type jump</li> </ul>	<i>Max 2 spins:</i> <ul style="list-style-type: none"> <li>- Two upright spins, change of foot optional, no flying entry (Min 3 revs)</li> </ul>	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
<b>Pre-Preliminary Test</b>  Time: 1:30 +/- 10	<i>Max 5 jump elements:</i> <ul style="list-style-type: none"> <li>- Jumps with not more than one-half rotation (front to back or back to front including half-loop)</li> <li>- Single rotation jumps: Salchow, toe loop and loop only</li> <li>- Max 2 jump combinations or sequences</li> <li>- Max 2 of any same type jump</li> </ul>	<i>Max 2 spins:</i> <ul style="list-style-type: none"> <li>- Two spins of a different nature, one position only, no change of foot, no flying entry. (Min 3 revs)</li> </ul>	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
<b>Preliminary Test</b>  Time: 1:30 +/- 10	<i>Max 5 jump elements:</i> <ul style="list-style-type: none"> <li>- Jumps with not more than one rotation (no Axels).</li> <li>- Max 2 jump combinations or sequences</li> <li>- Max 2 of any same type jump</li> </ul>	<i>Max 2 spins:</i> <ul style="list-style-type: none"> <li>- One spin in one position, no change of foot, no flying entry (Min 3 revs)</li> <li>- One consisting of a front scratch to back scratch, exit on spinning foot not mandatory (Min 3 revs on each foot).</li> </ul>	Connecting moves and steps should be demonstrated throughout the program.	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test
<b>Pre-Juvenile Test</b>  Time: 2:00 +/- 10	<i>Max 5 jump elements:</i> <ul style="list-style-type: none"> <li>- Jumps with not more than one rotation (no Axels).</li> <li>- Max 2 jump combinations or sequences</li> <li>- Max 2 of any same type jump</li> </ul>	<i>Max 2 spins:</i> <ul style="list-style-type: none"> <li>- One spin in one position, no change of foot (Min 3 revs)</li> <li>- One combination spin: forward camel spin to forward sit spin, change of foot optional (Min 6 revs combined in forward sit and camel positions).</li> </ul> <p style="text-align: center;"><i>Spins may not fly</i></p>	One step sequence straight line, circular, or serpentine fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test

LEVEL	JUMP ELEMENTS	SPINS	STEPS	QUALIFICATIONS
<b>Juvenile Test</b>  Time: 2:15 +/-10	<i>Max 5 jump elements:</i> - Any single jumps with not more than 1 ½ rotations (Axel permitted) - Max 2 jump combinations or sequences - Max 2 of any same type jump	<i>Max 2 spins:</i> - One spin in one position, no change of foot (Min 4 revs in position) - One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions, (Min 4 revs on each foot)  <i>Only solo spin may fly</i>	One step sequence straight line, circular, or serpentine fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test
<b>Intermediate Test</b>  Time: 2:30 +/-10	<i>Max 6 jump elements:</i> - Any single jumps. - Double jumps permitted: double Salchow and double toe loop. - Max 3 jump combinations or sequences - Max 2 of any same type jump	<i>Max 2 spins of a different nature:</i> - One must be a flying spin (Min 5 revs), - One must be a combination spin with at least one change of foot and at least one change of position (Min 4 revs on each foot).	One step sequence straight line, circular, or serpentine fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test
<b>Novice Test</b>  Time: Ladies 3:00 +/-10 Men 3:30 +/-10	<i>Max 7 jump elements for men and 6 for ladies:</i> - Any single jumps. - Double jumps permitted: double Salchow, double toe loop and double loop. - Max of 3 jump combinations or sequences - Max 2 of any same type jump	<i>Max 3 spins of a different nature:</i> - One must be a combination spin with at least one change of foot and at least one change of position (Min 5 revolutions on each foot). - The other spins are the option of the skater (Min 6 revs)  <i>All spins may fly</i>	One step or spiral sequence  (see rule 4220 for description).	Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test
<b>Junior Test</b>  Time: Ladies 3:30 +/-10 Men 4:00 +/-10	<i>Max 8 jump elements for men and 7 for ladies:</i> - Any single jumps. - Double jumps permitted: double Salchow, double toe loop, double loop and double flip. - Max of 3 jump combinations or sequences - Max 2 of any same type jump	<i>Max 3 spins of a different nature:</i> - One must be a spin in one position (6 revs), - One a flying spin (6 revs) - One a combination spin consisting of all three basic spin positions and one change of foot (Minimum 2 continuous revs in each basic position and minimum 5 revs on each foot).	One step sequence of advanced difficulty, covering the full ice surface.  (See rule 4210 for description)	Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test
<b>Senior Test</b>  Time: Ladies 4:00 +/-10 Men 4:30 +/-10	<i>Max 8 jump elements for men and 7 for ladies</i> - Any single jumps. Must include at least four different double jumps, one must be a double Lutz. - No triple jumps permitted - Max of 3 jump combinations or sequences - Max 2 of any same type jump	<i>Max 3 spins of a different nature:</i> - One must be a spin in one position (min 6 revs), - One a flying spin (min 6 revs) - One a spin combination consisting of all three basic spin positions and one change of foot (Min 2 continuous revs in each basic position and min 5 revs on each foot).	<i>Men:</i> Two different step sequences.  <i>Ladies:</i> One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence.  (See charts in rule 4200 for description).	Skaters must have passed at least the U.S. Figure Skating junior free skate test

## Well Balanced & IJS Free Skate Events

*\*Final rounds will be used where there is more than one than one group. Number of skater taken to final round will be posted at the competition.\**

*\*\* Championship events; Free skate and short programs combined. Planned program content sheets MUST be submitted!\*\**

<i>Level</i>	<i>FS Test Passed</i>	<i>Min Times +/- 10 seconds sec</i>	<i>Limitations</i>
Limited Beginner*	None	1 - 1:30 min.	Limited to half jumps, toe loop, salchow, upright spins.
Beginner/No Test*	None	1:30 min.	See rulebook 4280.
Pre-Preliminary 1*	Pre-Preliminary	1:30 min.	See rulebook 4270 with NO axel jumps permitted.
Pre-Preliminary 2*	Pre-Preliminary	1:30 min.	See rulebook 4270.
Preliminary*	Preliminary	1:30 min.	See rulebook 4260.
Pre-Juvenile*	Pre-Juvenile	2:00 min.	See rulebook 4250. Under 14 years old.
Open Pre-Juvenile*	Pre-Juvenile	2:00 min.	See rulebook 4250. 14 years of age or older.
Juvenile**	Juvenile	2:15 min.	See rulebook 4240. Under 14 years old.
Open Juvenile**	Juvenile	2:15 min.	See rulebook 4240. 14 years of age or older.
Intermediate**	Intermediate	2:30 min.	See rulebook 4230
Novice**	Novice	L: 3:00 min. M: 3:30 min.	See rulebook 4220
Junior**	Junior	L: 3:30 min. M: 4:00 min.	See rulebook 4210
Senior**	Senior	L: 4:00 min. M: 4:30 min.	See rulebook 4200
Adult Pre-Bronze	See rulebook 4600	1:40 max - No Minimum	See rulebook 3806.
Adult Bronze	See rulebook 4590	1:50 max - No Minimum	See rulebook 4590.
Adult Silver	See rulebook 4580	2:10 max - No Minimum	See rulebook 4580.
Adult Gold	See rulebook 4570	2:40 max - No Minimum	See rulebook 4570.
Adult Master Novice	See rulebook 4550	3:10 max - No Minimum	See rulebook 4550.
Adult Master Junior	See rulebook 4530	3:40 max - No Minimum	See rulebook 4530.
Adult Master Senior	See rulebook 4520	3:40 max - No Minimum	See rulebook 4520.

## Short Program

Short Program will be offered at the Juvenile, Intermediate, Novice, Junior, and Senior levels. **Required elements and times are those for the 2011-2012 season found in the current US Figure Skating rulebook** (Fall 2012 Regionals).

Juvenile Short Program required elements and times are the same as those listed for Intermediate Short Programs as described in the current US Figure Skating rulebook (2011-2012 season)

## BASIC ELEMENTS EVENT: SNOWPLOW SAM – BASIC 8

*Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the order listed below (no excessive connecting steps).*

- *To be skated on 1/2 ice*
- *No music*
- *All elements must be skated in the order listed*
- *Time: 1:00 or less*

<p><b><u>Snowplow Sam:</u></b></p> <ol style="list-style-type: none"> <li>1. March followed by a two foot glide and dip</li> <li>2. Forward two foot swizzles 2-3-in a row</li> <li>3. Forward snowplow stop</li> <li>4. Backward wiggles 2-6 in a row</li> </ol>	<p><b><u>Basic 5:</u></b></p> <ol style="list-style-type: none"> <li>1. Backward outside edge on a circle clockwise or counter clockwise</li> <li>2. Backward crossovers 4-6 consecutive in both directions</li> <li>3. Basic one-foot spin - free leg held to side of spinning leg - minimum three revolutions</li> <li>4. Side toe hop -either direction</li> <li>5. Hockey stop</li> </ol>
<p><b><u>Basic 1:</u></b></p> <ol style="list-style-type: none"> <li>1. Forward two foot glide and dip</li> <li>2. Forward two foot swizzles 6 -8 in a row</li> <li>3. Forward snowplow stop</li> <li>4. Backward wiggles 6-8 in a row</li> </ol>	<p><b><u>Basic 6:</u></b></p> <ol style="list-style-type: none"> <li>1. Standstill forward inside three-turn - R &amp; L</li> <li>2. Bunny Hop</li> <li>3. Forward arabesque spiral on a straight line R or L</li> <li>4. Lunge - R or L</li> <li>5. T-stop - R or L</li> </ol>
<p><b><u>Basic 2:</u></b></p> <ol style="list-style-type: none"> <li>1. Forward one foot glide - either foot</li> <li>2. Forward alternating ½ swizzle pumps, in a straight line - 2-3 each foot</li> <li>3. Moving snowplow stop</li> <li>4. Two foot turn in place - forward to backward</li> <li>5. Backward two foot swizzles 6 - 8 in a row</li> </ol>	<p><b><u>Basic 7:</u></b></p> <ol style="list-style-type: none"> <li>1. Standstill forward inside open Mohawk - R to L and L to R</li> <li>2. Ballet Jump- either direction</li> <li>3. Back crossovers to a back outside edge landing position clockwise and counter clockwise</li> <li>4. Forward inside pivot</li> </ol>
<p><b><u>Basic 3:</u></b></p> <ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive</li> <li>3. Backward one foot glide - either foot</li> <li>4. Forward slalom</li> <li>5. Two foot spin - minimum three revolutions</li> </ol>	<p><b><u>Basic 8:</u></b></p> <ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside three-turns R &amp; L</li> <li>2. Waltz jump</li> <li>3. Mazurka in either direction</li> <li>4. 1 Combination move - clockwise or counter clockwise - two forward crossovers into Fl Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge</li> <li>5. Beginning one-foot upright spin - free foot held to side of spinning leg or crossed position -minimum three revolutions</li> </ol>
<p><b><u>Basic 4:</u></b></p> <ol style="list-style-type: none"> <li>1. Standstill forward outside three-turn - R &amp; L</li> <li>2. Forward outside edge on a circle clockwise or counter clockwise</li> <li>3. Forward crossovers 4-6 consecutive both directions</li> <li>4. Backward stroking - 4-6 strokes</li> <li>5. Backward snowplow stop - R or L</li> </ol>	<p><b><u>Free skate 1</u></b></p> <ol style="list-style-type: none"> <li>1. Advanced forward stroking - 4-6 consecutive</li> <li>2. Basic forward outside edges and forward inside consecutive edges - 2-4 outside and 2-4 inside</li> <li>3. One-foot upright scratch spin from backward crossovers-minimum three revolutions</li> <li>4. Waltz jump from backward crossovers</li> <li>5. Half flip jump</li> </ol>

## Compulsory Moves Elements

Eligibility is the same as for Free Skating events. Skaters may enter at their test level or on level higher. Compulsory moves are skated without music and on half ice (unless otherwise states). An axel IS a single jump. Connecting moves must be distinguishable from a footwork sequence. Skaters must demonstrate the required elements and may use elements from a previous level. A 0.2 deduction will be taken for each element performed from a higher level.

LEVEL	ELEMENTS
<b><i>Limited Beginner Compulsory</i></b> 1:15 Max Half Ice	-Waltz jump -1/2 jump of choice -Forward two foot OR one foot spin (free leg optional) – min 3 rev -Forward OR Backward spiral
<b><i>Beginner Compulsory</i></b> 1:15 Max Half Ice	-Toe Loop jump -Salchow jump -Forward scratch spin – min 3 rev -Forward or Backward spiral
<b><i>No Test Compulsory</i></b> 1:15 Max Half Ice	-Loop jump -Jump combination to include a toe loop (may not use loop or Axel) -Sit Spin OR Camel Spin – min 3 rev -Consecutive forward outside spirals – 1 per foot
<b><i>Pre-Preliminary Compulsory</i></b> 1:15 Max Half Ice	- Flip jump -Waltz jump/toe loop OR Salchow/toe loop -Sit Spin OR Camel Spin – min 3 Rev -Consecutive forward inside spirals – 1 per foot
<b><i>Preliminary Compulsory</i></b> 1:15 Max Half Ice	- Lutz jump - Single/Single Combination (no axel) -Camel Spin – min 3 rev -Spiral sequence including forward and backward spirals
<b><i>Pre Juvenile/Open Pre Juvenile Compulsory</i></b> 1:30 Max Half Ice	- Single/Single combination (axel allowed) -Double Salchow -Forward camel spin to Forward sit spin -Footwork sequence- straight line or circular
<b><i>Juvenile/Open Juvenile Compulsory</i></b> 1:30 Max Full Ice	- Axel Combination -Double toe loop -Forward sit spin to backward sit spin -Footwork sequence – straight line or circular
<b><i>Adult Pre-Bronze Compulsory</i></b> 1:00 Max Half Ice	-Waltz Jump -Half jump of choice OR split jump -Two foot spin – min 3 rev -Forward Spiral
<b><i>Adult Bronze Compulsory</i></b> 1:00 Max Half Ice	- Salchow -Waltz jump/Toe Loop combination -1 foot spin – min 4 rev -Backward Spiral
<b><i>Adult Silver Compulsory</i></b> 1:30 Max Half Ice	-Single/Single combination jump -Flip -Combination spin with one change of position – 3 rev per position -Spiral step sequence
<b><i>Adult Gold Compulsory</i></b> 1:30 Max Full Ice	-Axel -Single/single combination jump -Sit spin -Spiral step sequence -Combination spin with 1 change of foot & on change of position – 4 rev per foot

## Spin Event:

Spins shall be skated in a **SIMPLE PROGRAM** with no jumps of any kind and no extra or repeated elements. Connecting moves and short sequences of footwork may be used between spins and will not be judged. **All events will be skated on half ice.**

Level	Time	Elements
Beginner	1:00 max	Two foot spin One foot spin Spiral
No Test	1:00 max	Two foot spin Forward Scratch Spin Mini Footwork Sequence
Pre-Preliminary	1:00 max	One foot forward upright spin (free foot optional), One foot back upright spin, Forward sit spin.
Preliminary	1:00 max	One foot forward scratch spin, forward camel spin, forward sit spin.
Pre-Juvenile & Open Pre-Juvenile	1:15 max	Forward camel spin, forward sit spin, combination spin with no change of foot and one change of position.
Juvenile & Open Juvenile	1:30 max	Attitude or Layback Spin (Girls); Forward Camel Spin (Boys), sit change sit with minimum of 4 revolutions each foot, camel change sit spin – 4 revolutions each foot.
Intermediate	1:30 max	Flying camel with 4 revolutions minimum in position, combination spin with 1 change of position and 1 change of foot with 4 revolutions minimum each foot, sit spin with minimum 4 revolutions in position.
Novice	1:30 max	Camel change back camel spin with 5 revolutions on each foot, Layback (Ladies) or crossfoot (men) spin with 5 revolutions minimum in position, combination spin with 2 changes of position and 1 change of foot with a minimum of 5 revolutions each foot.
Junior	1:30 max	Flying spin of skater's choice with a minimum of 6 revolutions in position, layback (ladies) or crossfoot spin (men) with a minimum of 5 revolutions, Combination spin with 1 change of foot and 3 changes of position with a minimum of 5 revolutions each foot.
Senior	1:30 max	Flying spin of skater's choice with minimum of 6 revolutions in position, Solo spin of skater's choice (no flying entry) with 6 revolutions in position. Combination spin with 1 change of foot and at least 2 changes of position with a minimum of 6 revolutions each foot.

## Jumps

There will be no music played for this event. Entrants will qualify according to their Free Skating Level. Beginner through Juvenile will skate on half ice, Intermediate through Senior on full ice. Jumps should be skated exactly as stated and in this order. Skaters will be given two opportunities to perform each jump with the better of the two jumps being judged. **This is not a "mini-program"**. Only the stroking and edges necessary to prepare for the jump will be allowed. Extra moves, such as spirals, pivots, etc. will be penalized.

Level	Time	Elements
Basic Skills	1:00 max	Bunny Hop (3) Ballet Jump Mazurka
Beginner	1:00 max	Waltz jump Salchow Combination jump with a toe loop
Pre-Preliminary	1:00 max	Toe Loop Loop Single/Single combination
Preliminary	1:00 max	Loop Flip Single/Single combination
Pre-Juvenile & Open Pre-Juvenile	1:00 max	Lutz Flip/Loop combination or Lutz/Loop combination Axel
Juvenile & Open Juvenile	1:00 max	Axel Axel combination Combination of any Double/Single jump
Intermediate	1:30 max	Axel Double Loop Double/Single combination
Novice	1:30 max	Double Loop Double Flip Double/Double combination
Junior	1:30 max	Double or Triple Loop Double or Triple Lutz Double/Double or Triple/Double comb.
Senior	1:30 max	Double or Triple Loop Double or Triple Axel Double/Double, Triple/Double, or Triple/Triple combination

## ARTISTIC EVENT:

Eligibility is the same as for Free Skating events. Choice of music (vocals allowed) is up to the skater. Themed costumes are encouraged, but not required. Hand held props that are controlled by the skater at all times, are allowed, however **no on ice props are allowed**. Judging will be based on originality, creativity, and musical interpretation which characterize the mood of the music. Jumps and spins will be judged on their artistic merit in the program, not on technical difficulty. There are no open events. Events/genders may be combined, based on the number of entries, at the discretion of the referee.

Basic Skills	1:00 minute maximum
Limited Beginner through Pre-Preliminary	1:30 minutes maximum
Preliminary and Pre-Juvenile	1:40 minutes maximum
Juvenile through Novice	2:10 minutes maximum
Junior and Senior	2:40 minutes maximum
Adult	1:40 minutes maximum

## Moves in the Field Event:

Eligibility will be based on moves test taken. Each skater will perform two patterns from their moves level.

Pre-Preliminary MIF	1. Forward perimeter stroking 2. Forward right & left foot spirals
Preliminary MIF	1. Forward & backward crossovers 2. Forward power three-turns
Pre-Juvenile MIF	1. Forward & backward power change of edge pulls 2. Five-step mohawk sequence
Juvenile MIF	1. Eight-step Mohawk sequence 2. Forward & backward free skate cross stakes
Intermediate MIF	1. Spiral sequence 2. Inside slide chasse' pattern
Novice MIF	1. Inside three-turns/rocker Choctaws 2. Forward & backward outside counters
Junior MIF	1. Power pulls 2. Backward loop pattern
Senior MIF	1. Sustained edge step 2. BD power double three-turns to power double inside rockers

## Team Compulsory Event

Each team will consist of 4 skaters. Each skater in the event will complete one of the four elements. The team must compete at the level of the highest level skater on the team. All events will be skated on ½ ice and without music.

Basic Skills 1-4	Forward two foot glide Forward swizzles(6) Forward Stroking Forward crossovers (6) – both directions
Basic Skills 5-8	Basic one-foot spin (3 rev) Forward Spiral Mohawk – R & L Waltz jump
Pre-Preliminary	Forward scratch spin Single/single combination Split Jump Backward spiral
Preliminary	Lutz combination jump Sit spin ½ ice footwork sequence Spiral sequence
Pre-Juvenile	Axel combination Double Salchow Camel Spin Full ice straight line footwork
Juvenile	Double/single combination Double jump of choice Combination spin with one change of foot AND one change of position Circular footwork sequence

**Riverbend Spring Classic**

**Entry Deadline: 3/31/2012**

Skater's Last Name		Skater's First Name		USFS #
Address				
City		State		Zip
Phone			Home Club	
Date of Birth		Age		Gender
E-Mail Address:				

**Highest Test Passed:**

Freestyle Date Passed:	Moves in the Field Date Passed:
---------------------------	------------------------------------

**Coach Information:**

Name	Address	Phone & E-Mail
Name	Address	Phone & E-Mail

**Please Check the Event(s) you wish to enter**

	Test Track Free Skate (Basic Skills)	Well Balanced/ Championship Free Skate	Short Program	Compulsory Moves	Artistic	Spins	Jumps	Team Compulsories	Moves in the Field
Basic Skills									
Ltd. Beginner									
Beginner/No Test									
Pre-Preliminary 1									
Pre-Preliminary 2									
Preliminary									
Pre-Juvenile									
Open Pre-Juvenile									
Juvenile									
Open Juvenile									
Intermediate									
Novice									
Junior									
Senior									
Adult (see below)									

Basic Skills Free Skate Event: Snowplow Sam B1 B2 B3 B4 B5 B6 B7 B8 B8 FSI

Basic Skills Compulsory Event: Snowplow Sam B1 B2 B3 B4 B5 B6 B7 B8 B8 FSI

Please Circle Adult Event/Level

Adult Free Skate	Pre-Bronze	Bronze	Silver	Gold
------------------	------------	--------	--------	------

**Signatures**

I have read this entry form and certify that it is complete and that to the best of my knowledge, the entrant is eligible to enter the events specified. He/she is a member of my club in good standing, and is an eligible skater in accordance with the rules of the United States Figure Skating Association.

\_\_\_\_\_  
Club Officer or Test Chairperson

\_\_\_\_\_  
Home Club

I have read this entry form and certify that it is complete and that the skater is eligible to enter the above events.

\_\_\_\_\_  
Coach's Signature

I understand that this entry must be postmarked by 3/31/12. The undersigned agrees to hold harmless US Figure Skating, East Alton Skating Academy, East Alton Ice Arena, and their employees and/or agents from any loss, damage, and/or injury that may be sustained by the entrant in any manner while participating in any of the activities of said competition. **If this entry is incomplete, I will accept a collect phone call** to complete my entry.

\_\_\_\_\_  
Skater's Signature

\_\_\_\_\_  
Parent/Guardian's Signature

*This release must be signed by the parent/guardian if entrant is under 21 years of age.*

**Entry Fees**

- IJS Championship Event: Intermediate - Senior \$100.00
- IJS Juvenile Championship and First IJS Judged Single Event \$ 90.00
- Each Additional IJS Judged Event \$ 55.00
- First Non-IJS Event (Including Dance) \$ 55.00
- Each Additional Non-IJS Event: (Including Dance) \$ 15.00
- Late Fee (if after postmark of 3/31/12 and approved by Chair/Referee) \$ 30.00

\$ \_\_\_\_\_  
 \$ \_\_\_\_\_  
 \$ \_\_\_\_\_  
 \$ \_\_\_\_\_  
 \$ \_\_\_\_\_  
 \$ \_\_\_\_\_

TOTAL ENTRY FEES: \$ \_\_\_\_\_

***THERE WILL BE A \$35.00 CHARGE FOR ANY RETURNED CHECKS***

Make checks payable to **East Alton Skating Academy**. Submit check and entry form to:

**East Alton Skating Academy  
Attention: Kathryn McKeon-Hicks  
631 Lewis & Clark Blvd  
East Alton, IL 62024**

***Forms must be postmarked by 3/31/2012***

*For additional information, contact us at [ea\\_skating@yahoo.com](mailto:ea_skating@yahoo.com) or call 618-806-3965*

\_\_\_\_\_  
Finance Committee Use Only

Date Rcvd. \_\_\_\_\_

Name on Check \_\_\_\_\_

Ck# \_\_\_\_\_

Check Total \_\_\_\_\_

Entry Fees \_\_\_\_\_ P.I. \_\_\_\_\_ Other \_\_\_\_\_

Underpaid \_\_\_\_\_

Refund Due \_\_\_\_\_

# Riverbend Spring Classic - Contract for Personal Advertisement

Hosted by: East Alton Skating Academy

**DEADLINE FOR ADVERTISEMENT ENTRY: April 1<sup>st</sup>, 2012**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

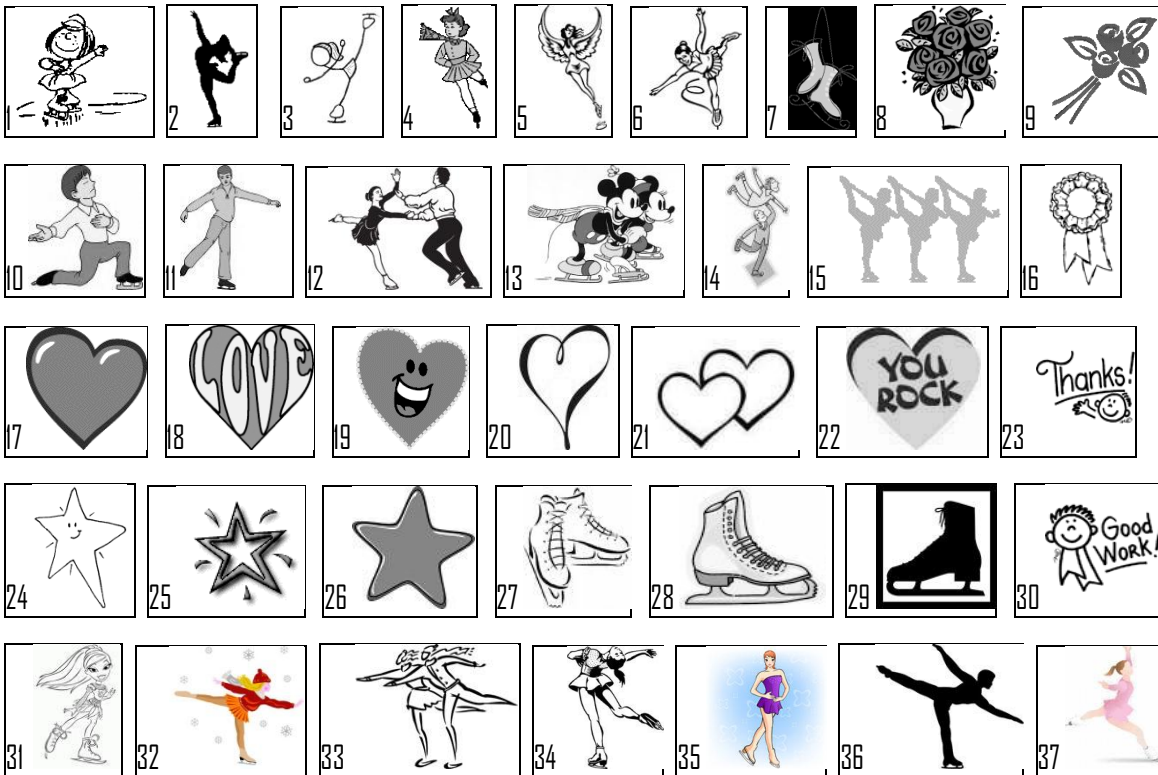
City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

This is a great way for grandparents, neighbors, pets, siblings, friends, coaches, etc. to show their support! Good luck! Skate great! Have fun! Congratulations! We love you! Thanks Mom & Dad! Thank you coach!

**Please circle the one (1) picture you would like included with your copy.**

*Finished size will be 4" x 1" and will be printed in black and white.*



**Please PRINT your message clearly (box is ad's actual size) with a maximum of 20 words.**

Make Check Payable to: East Alton Skating Academy

Personal ads are \$15 each

Mail to: East Alton Skating Academy - Ads  
Attention: Kathryn McKeon-Hicks  
631 Lewis & Clark Blvd  
East Alton, IL 62024

Please - one entry per form  
(One check for multiple ads is ok!)

Questions? Contact Katie McKeon-Hicks @ 618-806-3965 or ea\_skating@yahoo.com

# Riverbend Spring Classic - Contract for Business Advertisement

Hosted by: East Alton Skating Academy

**DEADLINE FOR ADVERTISEMENT ENTRY: April 1<sup>st</sup>, 2012**

Name: \_\_\_\_\_

Company: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Skater who sold this advertisement (if applicable): \_\_\_\_\_

The Riverbend Spring Classic has skaters in attendance from across the Midwest.  
The final program size is 5½ x 8½, and will be sold to every competitor.

**Please circle the advertisement(s) you wish to purchase:**

COVER	SIZE	COST	INTERIOR	SIZE	COST
Front Inside	5½ x 8½	\$125.00	Full Page	5½ x 8½	\$75.00
Back Outside	5½ x 8½	\$100.00	Half Page	5½ x 4¼	\$50.00
Back Inside	5½ x 8½	\$125.00	Quarter Page	5½ x 2¼	\$25.00

**Questions?** Contact Katie McKeon-Hicks @ 681-806-3965 or [ea\\_skating@yahoo.com](mailto:ea_skating@yahoo.com)

- Advertisers are permitted *and encouraged* to offer a discount promotions ads.
- Advertisers may submit a coupon or other small item to be placed in the skating competitor's goodie bag. *If you wish to have an item included, please mail 125-150 items with your ad request.*

**Email advertisements to:** [ea\\_skating@yahoo.com](mailto:ea_skating@yahoo.com)

Electronic ads are preferred. Please attach a copy of the advertisement, or drawing of advertisement and include any logos, photos or miscellaneous items you would like scanned into your ad.

**INDIVIDUAL AND CORPORATE DONATIONS ARE ALWAYS WELCOME!**  
**Patrons please include business or family name (or anonymous):**

Gold Patron - \$100 +                      Name listed as: \_\_\_\_\_

Silver Patron - \$50 - \$99                Name listed as: \_\_\_\_\_

Bronze Patron - \$1 - \$49                Name listed as: \_\_\_\_\_

Make Check Payable to: **East Alton Skating Academy**

Mail to: **East Alton Skating Academy - Ads**  
Attention: Kathryn McKeon-Hicks  
631 Lewis & Clark Blvd  
East Alton, IL 62024